

TO: Athletic Teams Competing at Graceland University
FROM: John Bartholomew MS, ATC, CSCS. Phone: W: 641-784-5042 H: 641-784-4677
RE: Personnel, Services, and Equipment Available for contests at Graceland University.

ATHLETIC TRAINING COURTESY SHEET

The Athletic Training staff at Graceland University is very pleased to have your team on our home schedule this year. The following services will be available to you during your visit to Lamoni.

1. Athletic Trainers: Present at all varsity contests.
Athletic Trainers – John Bartholomew MS, ATC
Jenna Silvey MS, ATC
Erin Lundy MS, ATC

The training room is located in the east-end of the Clossen Center.

2. Training Room Services:

The Graceland Sports Medicine Staff will tape visiting athletes prior to each contest **ONLY** when supplies are furnished by the visiting teams.

A team physician will be on the sideline of all varsity football games along with EMS services at all home football events.

Whirlpool & hydrocollator treatments will be given upon request of the athlete's athletic trainer or coach. Other modalities such as ultrasound or muscle stimulation will be administered **ONLY** with written note from the athletic trainer or team physician.

Water, biohazard waste receptacles, ample cups and ice will be provided as well as emergency first aid equipment (i.e. backboard, crutches, and vacuum splints). Let us know if we can provide any other materials or assistance.

3. **Hospital**: Decatur County Hospital Leon, IA 641-446-4871
Student Health Services: Benna Easter, RN 641-784-5372 H: 641-784-7650
Team Physician: Mark Easter, DO
Ambulance: 911